



*Join us for the
4th Annual
Arkansas Association for Play Therapy Conference*

*Featuring 2 days with
Dr. Risë VanFleet*

*From Tried and True to Bold and New: Maximizing
PlayTherapy Outcomes using an Integrated
Systemic Approach*

*Baptist Health – The Gilbreath Conference Center
9601 Interstate 630, Exit 7
Little Rock, AR 72205*

*February 26 & 27, 2010
8:30 am – 4:30 pm*

The 4th Annual Conference
Arkansas Association for Play Therapy
Come join us at the Arkansas State Conference focusing on play therapy techniques.

Why should you attend? Play therapy is a rapidly growing field of specialized psychotherapy techniques and interventions for use with children and adults in a variety of settings. This conference will offer participants the opportunity to hear a renowned speaker. On Friday, February 26 and Saturday, February 27 internationally recognized presenter and leader in the field of play therapy, Risë VanFleet, will present a two day workshop **entitled From Tried and True to Bold and New: Maximizing Play Therapy Outcomes using an Integrated Systemic Approach.**

Who Should Attend? Social Workers, Counselors, Psychologists, Family Therapists, Psychiatrists, School Counselors, Child Life Specialists, Nurses, Educators and Graduate Students.

Continuing Education Certificate: 12 continuing education contact hours will be available for play therapists, licensed social workers, and licensed counselors. The Arkansas Association for Play Therapy is approved by the Association for Play Therapy and by the National Board for Certified Counselors, to offer continuing education specific to play therapy. The Arkansas Association maintains responsibility for the program.

Details and Fees: Discounts for full-time students, ArAPT and APT members. Full-time students must supply a letter from their department heads certifying their student status. ArAPT and APT members must be listed as current members.

Registration: Online credit card registration available at www.arplaytherapy.org; or Mail registration and check to: The Arkansas Association for Play Therapy, 685 N. Wilson Ave., Fayetteville, AR 72701.

Cancellation Policy: A refund of the registration fee will be made if requested prior to , February 5, 2010. No refunds will be issued after February 5, 2010. An administrative charge of \$40 will be retained on all refunds. ArAPT reserves the right to cancel this conference in the event of unforeseen circumstances. In all instances, ArAPT's liability is limited to refund of registration fees only.

Accommodations: Reserve your lodging at the The Jameson Inn. The Jameson Inn is a full service hotel with double rooms and a continental breakfast included. Conference lodging rate is \$49.99 per night plus tax if booked before February 5, 2010. Mention ArAPT Conference for the special rate. Contact the Jameson Inn at 501.225.1075 or email them at littlerock.ar@jamesoninns.com.

Accommodations are also available at the Marriott Courtyard, Little Rock West. The Marriott Courtyard is a full service hotel with double rooms, breakfast is not included. Conference lodging rate is \$69.00 per night plus tax if booked before February 5, 2010. Mention ArAPT Conference for the special rate. Contact the Marriot Courtyard at 800-321-2211.

Branch Business Meeting: During the Saturday lunch break, a branch business meeting will be conducted. If you are a member of ArAPT we highly encourage you to attend. This is an opportunity to become involved and informed about what your branch is doing. Cafeteria lunch will be available for purchase.

WORKSHOP DESCRIPTION:

*From Tried and True to Bold and New: Maximizing Play Therapy
Outcomes with an Integrated Systemic Approach*

Play therapy cases can often be complex and challenging even for experienced play therapists. No matter whether children and adolescents are struggling with ADHD, anxiety, attachment problems, divorce issues, school-related problems, medical illness, oppositional behaviors or trauma, the difficulties always extend beyond the child to family, school and community. The core of many problems is embedded within the family and larger systems. Decision-making in play therapy can be complicated by multiple needs and interests. Play therapy offers many choices: Nondirective? Cognitive-behavioral? Sand tray? Filial therapy? Family play therapy? Group? Others?

In this presentation, Dr. Risë VanFleet will cover the integrative use of well established play therapy approaches with innovative, cutting-edge play therapy methods currently being developed and researched, such as canine-assisted play therapy, dramatic play therapy, drumming, and others. The emphasis will be on theoretically-grounded and empirically-validated modalities. She will also discuss how play therapy can incorporate other techniques such as behavior analysis, cognitive therapy, parent education, and marital/family therapy. This presentation covers a wide range of old and new play therapy interventions, how to decide what types of play therapy to use and when, and offers a guide for developing effective, comprehensive treatment plans for even the most challenging cases. The presentation will use lecture, case studies, DVD clips, and small group activities to illustrate.

LEARNING OBJECTIVES:

Participants will be able to...

1. Identify why a systemic, integrative approach to play therapy planning and implementation is vital for effective treatment.
2. Describe the key features of different types of play therapy, including nondirective, directive, and family.
3. Discuss play therapy methods considered "tried and true," including research and clinical practice leading to their acceptance by the professional community.
4. Identify appropriate uses of research to enlarge theory and practice, including the interplay of theory and research in the development of new avenues of play therapy intervention.
5. Conduct at least 3 relatively new play therapy approaches.
6. Feel more confident about their decisions during treatment planning in play therapy, especially for complex cases.
7. Describe at least 3 benefits of Canine-Assisted Play Therapy for children with trauma and attachment problems.
8. Use a comprehensive treatment planning model for matching play therapy approaches to the specific needs of children and families.

BACKGROUND INFORMATION:

Risë VanFleet Ph.D, RPT-S, is a licensed psychologist and the founder and president of the Family Enhancement & Play Therapy Center, Inc. a clinic and training center in Boiling Springs, PA. She brings 35 years of experience to her trainings. She is the founder of the International Collaborative on Play Therapy and a Past President/Board Chair of the Association for Therapy. She has received 3 national awards for her training work and 2 for her professional writing. She is the author of *Filial Therapy: Strengthening Parent-Child Relationships Through Play*; *A Parents Handbook of Filial Play Therapy*; *Play Therapy with Kids & Canines*, co-editor of the *Casebook of Filial Therapy*, and author/photographer of the *Faces of Play*. She has a forthcoming book on child-centered play therapy, and she has authored dozens of chapters, articles, and manuals relating to play therapy. Dr. VanFleet is also featured in DVD workshops on *Child-Centered Play Therapy*; *Overcoming Resistance*; and *Introduction to Filial Therapy*, as well as a DVD produced by the American Psychological Association entitled *Filial Play Therapy*. She has trained and supervised thousands of clinicians worldwide and her writings have been translated into several languages. She is also a pianist, a dog trainer, and an award-winning photographer specializing in Alaskan wildlife. She can be reached through her websites: www.play-therapy.com and www.playfulpooch.org.

**Registration Form 4th Annual ArAPT Conference
February 26th and 27th, 2010**

Name _____ Credentials _____

Agency _____

Mailing Address _____

City _____ State _____ Zip _____

Phone: Work _____ Alternate# _____ email _____

Fees:

Before February 5th

Two day conference

ArAPT member \$150

Non-member \$245 \$ _____

Full time student half the listed price \$ _____

After February 5th

Two day conference

ArAPT member \$175

Non-member \$270 \$ _____

Full time student half the listed price \$ _____

ArAPT long sleeve t-shirt with logo: \$15 Medium ___ Large ___ XL ___ \$ _____

ArAPT short sleeve t-shirt with logo: \$10 Medium ___ Large ___ XL ___ \$ _____

Add \$2 for any size over XL

RSVP for the ArAPT branch meeting: Yes ___ No ___

Total \$ _____

Method of Payment: Make checks payable to Arkansas Association for Play Therapy

Mail to: ArAPT

685 N Wilson Ave., Fayetteville, AR 72701

Online/Credit Card Registration: www.arplaytherapy.org

Follow the link from our website to view the credit card registration. There will be a small fee added to your registration fee to use credit card